

Awarded Best Crabcakes on the Isle of Wight 2009/2010/2011



WESTERN ESPLANADE - SANDOWN

MENU



THE BEACH SHACK
WESTERN ESPLANADE, SANDOWN,
ISLE OF WIGHT
07886 959192



www.thebeachshack-isleofwight.co.uk



BREAKFASTS



SERVED UNTIL 11.30AM

TOAST 2 SLICES OF WHITE OR BROWN BREAD, BUTTER, JAM, MARMALADE OR HONEY	1.20
FULL ENGLISH 1 EGG, 2 SAUSAGES, 2 BACON RASHERS, MUSHROOMS, TOMATO, BEANS, TOAST, TEA/COFFEE & ORANGE JUICE	6.50
BEACH SHACK VEGI BREAKI 1 EGG, SALAD, BRIE, AVOCADO, CRANBERRY, TOAST, TEA/COFFEE & ORANGE JUICE	6.00
MUSHROOMS ON TOAST	4.00
EGGS ON TOAST 2 SLICES OF WHITE OR BROWN BREAD WITH 2 EGGS (SCRAMBLED, POACHED OR FRIED)	4.00
BEANS ON TOAST 2 SLICES OF WHITE OR BROWN BREAD WITH BEANS	3.75
BACON & EGGS ON TOAST 2 SLICES OF WHITE OR BROWN BREAD 2 BACON RASHERS & 1 EGG	4.50
BEACH SHACK BREAKI BAGUETTE A BAGUETTE FILLED WITH MUSHROOMS, 2 SAUSAGES 2 RASHERS OF BACON & 2 EGGS	6.00



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SANDWICHES & BAGUETTES



	SANDWICH OR 1/2 BAGUETTE	WHOLE BAGUETTE
FRESH LOCAL BEMBRIDGE CRAB	5.95	6.95
RIB EYE STEAK, MUSHROOMS & ONION (SERVED IN A HALF BAGUETTE WITH CHIPS)	7.50	
CAJUN SPICED CHICKEN WITH GRATED CHEESE & SWEET CHILLI JAM	5.95	6.95
CHICKEN & BACON IN GARLIC MAYO	5.95	6.95
CORONATION CHICKEN	5.50	6.50
CHICKEN, BACON & BRIE	5.95	6.95
CHICKEN WITH PESTO & BRIE	5.95	6.95
MOROCCAN SPICED CHICKEN WITH GRATED CHEESE & SWEET CHILLI JAM	5.95	6.95
CHICKEN SALAD	5.25	6.25
BACON	3.75	4.75
BACON & EGG	4.25	5.25
BLT	4.00	5.00
BACON, BRIE & CRANBERRY	4.75	5.75
BACON, BRIE & AVOCADO	4.75	5.75
SAUSAGE	3.25	4.25
SAUSAGE & EGG	3.75	4.75
SAUSAGE & BACON	4.00	5.00
SAUSAGE, BACON & EGG	4.50	5.50
PRAWN	4.50	5.50
PRAWN SALAD	4.75	5.75
PRAWN SALAD & AVOCADO	5.25	6.25
TUNA MAYO	3.50	4.50
EGG MAYO	3.25	4.25
EGG MAYO & BACON	4.25	5.25
CHEESE WITH PESTO & TOMATO	4.50	5.50
CHEESE	3.00	4.00
CHEESE & SALAD	3.25	4.25
CHEESE & PICKLE	3.25	4.25
SALAD	3.00	4.00

SANDWICHES COME IN A CHOICE OF WHITE OR BROWN BREAD, ADD 50P TO HAVE THEM TOASTED.

THE SWEET CHILLI JAM, PESTO, CAJUN & MOROCCAN SPICES AND SALAD DRESSINGS ARE ALL HOMEMADE ON THE PREMISES. ENJOY!



SEAFOOD



AWARD-WINNING BEACH SHACK CRAB CAKE WITH A 1/2 BAGUETTE OR CHIPS, SIDE SALAD & SWEET CHILLI SAUCE	7.50
SEAFOOD PLATTER TO SHARE (4 BEER BATTERED SCAMPI, 4 SALT & PEPPER SQUID, 4 HOT & SPICY PRAWNS, 4 FILO PRAWNS, 4 SHELL-ON PRAWNS, SWEET CHILLI JAM GARNISH & CHIPS)	13.95
CAJUN SPICED KING PRAWN SALAD	9.95
SALT & PEPPER SQUID SALAD	9.95
SALAD OF KING PRAWNS COATED IN PESTO	9.95
SCAMPI & CHIPS SERVED WITH A SALAD GARNISH	6.95
FISH & CHIPS WITH BREAD & BUTTER AND TEA OR COFFEE	6.50
SALT & PEPPER SQUID WITH SWEET CHILLI JAM & GARNISH	5.75
FILO PRAWNS SERVED WITH SWEET CHILLI JAM & GARNISH	4.95
CONE OF BEER BATTERED SCAMPI SERVED WITH LEMON WEDGES	4.50
CONE OF SCAMPI SERVED WITH LEMON WEDGES	4.50
CONE OF HOT & SPICY PRAWNS SERVED WITH LEMON WEDGES	4.00

ALL OUR FOOD IS FRESHLY PREPARED.
DURING BUSY PERIODS YOU MAY EXPERIENCE A WAIT.
WE APPRECIATE YOUR CUSTOM AND HOPE YOU ENJOY YOUR MEALS.

THE SWEET CHILLI JAM, PESTO, CAJUN & MOROCCAN SPICES AND
SALAD DRESSINGS ARE ALL HOMEMADE ON THE PREMISES. ENJOY!



MEALS, SALADS & PANCAKES

HOT MEALS

BEACH SHACK BURGER & CHIPS (TWO 4OZ BURGERS, TOPPED WITH EGG, CHEESE, BACON)	7.25
THAI-STYLE CHICKEN BURGER & CHIPS SERVED WITH SWEET CHILLI JAM AND GARNISH	7.25
CHEESEBURGER & CHIPS	5.25
CHEESEBURGER	4.25
BURGER & CHIPS	5.00
BURGER	4.00
CHEESY CHILLI CHIPS	4.25
MUSHROOMS COATED IN PESTO ON TOAST	4.75
MUSHROOMS COATED IN CHILLI OIL ON TOAST	4.25
MUSHROOMS COATED IN CAJUN SPICE ON TOAST	4.25
SAUSAGE (2) & CHIPS	3.40
CHICKEN NUGGETS (8) & CHIPS	4.50
BRUSCETTA IN CHILLI OIL	2.95
CONE OF CHIPS	1.30
PORTION OF CHIPS	1.75
LARGE CHIPS	2.25
CONE OF HOT & SPICY PRAWNS	4.00
CHEESY CHIPS	2.20
CURRY CHIPS	2.20

SALADS

CHEESE	4.75
FETA CHEESE	6.25
TUNA	5.25
PRAWN IN MARIE ROSE	6.95
BEMBRIDGE CRAB	9.95
CAJUN SPICED CHICKEN	8.95
KING PRAWNS IN PESTO	9.95
SALT & PEPPER SQUID SALAD	9.95

(ALL SERVED SEPARATELY WITH A DRESSING)

KIDS' MEALS

3.25

(ALL KIDS' MEALS INCLUDE A SQUASH)

EGG ON TOAST
SAUSAGE (1) & CHIPS
BEANS ON TOAST
CHICKEN NUGGETS (4) & CHIPS

SWEET HOMEMADE PANCAKES

SUGAR & LEMON	2.75
MILK CHOCOLATE SAUCE	2.75
DARK CHOCOLATE SAUCE	2.75
TOFFEE SAUCE	2.75
STRAWBERRY SAUCE	2.75
MAPLE SAUCE	2.75

SAVOURY HOMEMADE PANCAKES

CRAB	5.95
CAJUN CHICKEN	5.95
TUNA & CHEESE	5.95
CHICKEN, BACON & SWEET CHILLI JAM	5.95



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DRINKS & SNACKS

	REG / LARGE		
TEA	1.00/1.75	ORANGE SQUASH	0.60
DECAF TEA	1.00/1.75	MILK	0.85
EARL GREY	1.30/1.90	ORANGE JUICE	1.10
HERBAL TEA (PUKKA)	1.30/1.90	APPLE JUICE	1.10
COFFEE	1.20/2.00	CAPRI SUN	1.00
DE-CAF COFFEE	1.20/2.00	WATER	1.00
FILTER COFFEE	1.40/2.20	SPARKLING WATER	1.20
OR WITH A SHOT OF BAILEYS	4.20	CANS	1.00
MILKY COFFEE	1.40/2.20	J20	1.75
OR WITH A SHOT OF BAILEYS	4.20	MONSTER ENERGY	2.00
HOT CHOCOLATE	1.40/2.20	MILKSHAKES	2.25
OR WITH A SHOT OF BAILEYS	4.20	ICED COFFEE	
DELUXE HOT CHOC	1.75/2.75	(MADE WITH ICE CREAM)	2.50
OR WITH A SHOT OF BAILEYS	4.75		

CREAM TEA
 A LARGE FRUIT SCONE
 SERVED WITH BUTTER,
 JAM & CLOTTED CREAM,
 WITH A LARGE MUG OF
 TEA OR COFFEE
 3.50

HOMEMADE MILKSHAKES
 (JUST CHOOSE YOUR
 FLAVOUR ICE CREAM) 2.25

SHACK FLURRY
 (MALTESERS, SMARTIES,
 CRUNCHIE, DAIM BAR, KIT KAT) 2.25

TEACAKE OR A SCONE
 WITH TEA OR COFFEE
 2.00

BISCUITS & CHOCOLATE BARS 0.60
TYRRELL'S CRISPS 0.90
BRUSCETTA IN CHILLI OIL 2.95

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ALCOHOL



WINE BY THE GLASS (187ML)

RED, WHITE OR ROSÉ 3.75

HOUSE WINE

RED, WHITE OR ROSÉ BY THE BOTTLE 11.50

CELEBRATORY WINES

SPARKLING WHITE
A CELEBRATORY WINE FOR ALL OCCASIONS 11.50
MUMM CHAMPAGNE
FOR THAT EXTRA SPECIAL OCCASION 35.00

PIMM'S BY THE GLASS 4.00
PIMM'S BY THE JUG 15.00

LAGER BY THE BOTTLE 3.00
LAGER BY THE PINT 3.00
SELECTION OF ALES 3.50
SHANDY BY THE HALF PINT 2.75

MAGNERS 3.50
ORIGINAL OR PEAR

CRABBIE'S GINGER BEER 3.50

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RECOMMENDED BY...



Amongst the usual beach kiosk stuff comes a sparkle of good food from a couple who want to offer more than just cheesy chips and burgers. I have eaten there the best crab cake I have ever tasted - ever, anywhere in the whole wide world, and many wonderful home made soups; including rich mushroom, intense pumpkin with crispy bacon and mozzarella balls.

Island chefs should do themselves a favour and pop along there on a sunny winters day for a warming special.

Reviewed in the Wight Good Food Guide 2008/9 by Angela Hewitt - gourmet and former award winning Island chef.

AND...



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